

**Projects Abroad** is a global leader and pioneer in student travel and has been working in Cambodia and Nepal for over a decade managing numerous community focused projects including public health and medicine, education and conservation initiatives.

Founded almost 30 years ago, **Projects Abroad** has worked tirelessly to create hands-on programs and internships with a focus on experiential education, culture immersion, and service learning. We take a grass-roots, long term sustainable approach by engaging and employing local people in the communities we serve.

We offer the gold standard of safety and support through pre-departure measures and expert staffing, our interns are able to experience hassle-free travel while making a real, tangible impact.

## Going Beyond: Nepal and Cambodia

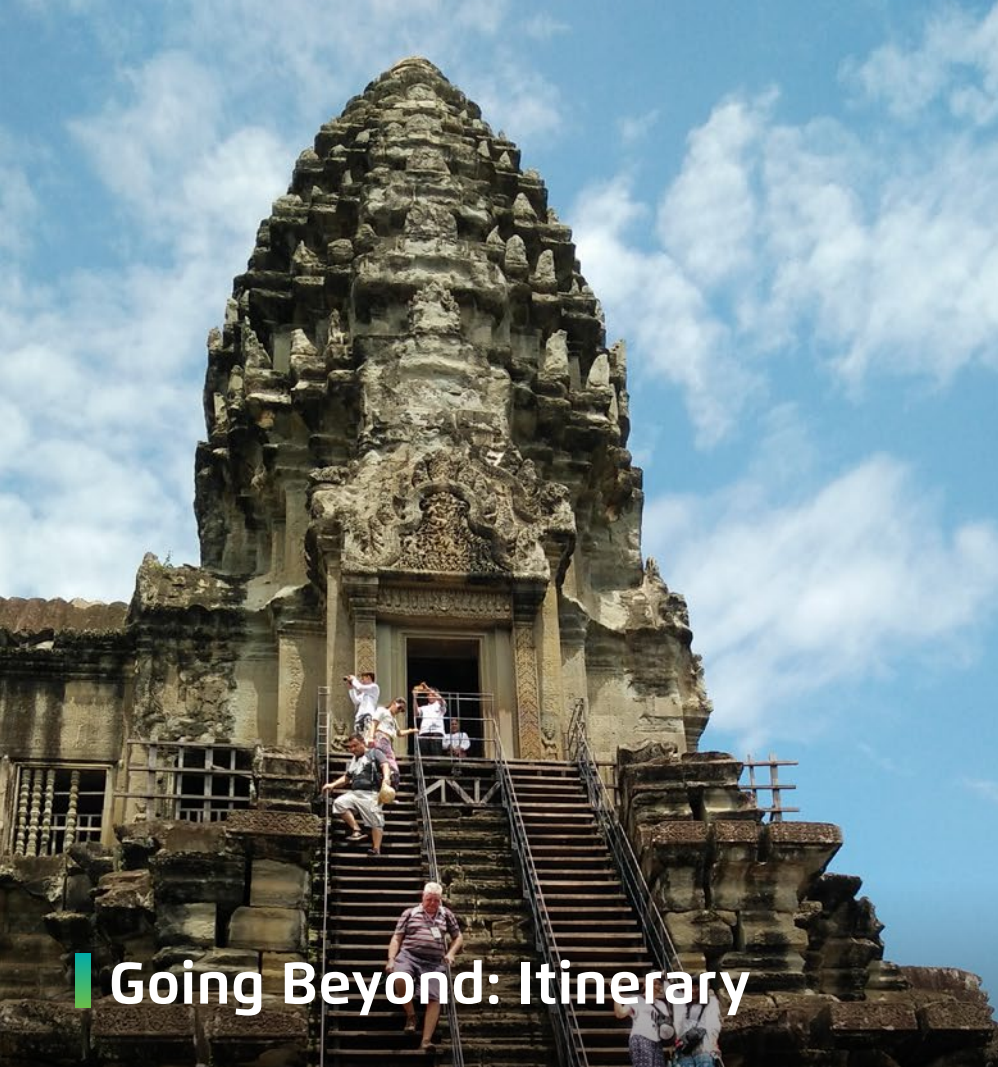
Get off the beaten path and experience Nepal and Cambodia like never before. With Projects Abroad, you will support childcare initiatives in Cambodia, complete building work in Nepal, assist conservation efforts in Chitwan National Park, and join other grassroots projects. Our Gap Semester in Asia is perfect for students looking for something different and meaningful to do on their gap years. You will live and work in local communities, working alongside locals and our staff while learning and experiencing the culture firsthand.

You'll spend your first five weeks in Nepal. You will live in Kathmandu, the vibrant capital, where you'll complete crucial building renovation work. You will then go to Chitwan, living on the border of an incredible national park. Here, you'll help protect rhinos as part of vital conservation and ecosystem work. All of the project work is hands on and designed around the values of experiential education and service learning. In Cambodia, splitting your time between Phnom Penh and Siem Reap, you will see both the economic and cultural capitals of the country.

In addition to the project work, you will get to take unique excursions throughout these countries. Visit Angkor Wat, one of the Ancient Wonders of the World. Visit Pokhara and take in breathtaking views of the Himalayan Mountains.

### Key Facts

- ▶ **Locations:** Kathmandu, Chitwan, Nepal.  
Phnom Penh, Siem Reap, Cambodia.
- ▶ **Length:** 10 weeks
- ▶ **Student Ages:** 17-24
- ▶ **Included:** Accommodations, meals, in country transit, weekend excursions per itinerary, weekly activities, 24-hour support, Local language lessons, pre-departure support, flight advising.
- ▶ **Not Included:** Personal activities, visas, flights, travel and medical insurance
- ▶ **Accommodation** Volunteer house / Conservation Lodging



## Going Beyond: Itinerary

**Arrive in  
Kathmandu, Nepal**

**Building**

Spend your first 3 weeks working at a local school. You will work on various renovation projects around the school.

**Travel to  
Chitwan**

**Conservation in Chitwan**

Over the weekend you will take a trip to the nearby Chitwan National Park. After some exploring, you'll then begin crucial conservation work, focusing on wildlife management, specifically greater one-horned rhinos.

**Arrive in  
Phnom Penh,  
Cambodia**

**Childcare**

Your first stop will be in Phnom Penh, the Capital of Cambodia. Get settled in with a project and cultural orientation from the Projects Abroad staff. You will spend the next two weeks working on our Childcare project.

**Travel to  
Siem Reap  
Angkor Wat**

**History and Culture**

Traveling to Siem Reap, the cultural capital of Cambodia and home to the Angkor Wat Temple complex. Spend time exploring the night markets and winding streets of Siem Reap, visit Angkor Wat, and soak in Cambodia's spiritual culture.

**Travel back to  
Phnom Penh**

**Public Health  
Childcare**

After spending the week in Siem Reap, head back to Phnom Penh for your final two weeks in Cambodia. Participate in our Public Health Outreach work.