

Conservation & Environment

Nepal

Conservation Schedule Nepal | 2024

Welcome to our Rhino Conservation & Environment Project in Nepal, where an unforgettable two-week experience awaits you. Embark on an immersive journey that seamlessly blends conservation, research, and cultural exchange, offering you a unique opportunity to make a positive impact on the region's wildlife and environment.

Objectives:

- ▶ **Wildlife Surveys and Data Collection:**
Engage in Rhino Surveys in jeeps, observing these majestic creatures in their natural habitat. Explore diverse ecosystems while documenting Farmland and Wetland Birds, Butterflies, and Herpetofauna, contributing valuable data to the preservation of biodiversity.
- ▶ **Conservation and Environmental Awareness:**
Participate in tree-planting activities, aiding reforestation efforts and enhancing the region's ecological balance. Join our presentation at a local school to raise awareness among young minds about the significance of protecting our natural world.
- ▶ **Culture**
Nepal is famous for its rich culture, towering mountains and stunning landscapes. Beyond the project itself, we aim to show you the best the country has to offer. You can look forward to exploring the rural villages by the project as well as the special city of Kathmandu.





Highlights

- ▶ 40 Service Hours
- ▶ Raise awareness about environmental issues
- ▶ Learn about conservation challenges in the area
- ▶ Immerse yourself in Nepalese culture
- ▶ Visit historical sites in Kathmandu
- ▶ Offset your carbon footprint

Accommodation
Host Family

Transport
Private bus and by foot

Meals
Breakfast will be served at your host each day. Lunch will either be at the hospital, host or in the community. Dinner will be at the host family.

Timings
This schedule is subject to change, however you will be advised in advance should this happen. You will depart home before 8am and arrive back at around 5pm. However, this may differ from day to day depending on the activity and progress of the volunteer work.

Responsible Travel
We offset 100% of carbon emissions associated with your in-destination transport. We're committed to being fully climate-positive by 2024!

By volunteering with us you're helping reforestation efforts, protecting existing forests and providing employment to local communities around the world.

Day 1	Sunday
All Day	You will arrive into the capital city of Kathmandu. Set in a valley surrounded by the Himalayas, it's a bustling city but also a place of peace and tranquillity. After you pass through customs you will be met by a staff member holding a sign welcoming you to Nepal. You will then be taken to the hotel in Kathmandu where you will relax, have a meal and sleep before departing to Chitwan the following morning.



Day 2	Monday
Morning	Our staff will take the group in a private coach from Kathmandu to Nawalparasi. The journey will take roughly 6 hours. You will have lunch along the way.
Afternoon	Arrive at gueshouse and check-in. Enjoy a warm welcome and an introduction to the team. Get settled into your accommodation and take some time to relax and refresh after your journey. Gather for a project induction session, where you will receive comprehensive information about the conservation and research initiatives. Meet with our experienced conservationist and Project Manager, Seejan, who will guide you through the upcoming surveys and activities, ensuring you are well-prepared for your wildlife encounters.
Evening	As the sun starts to set, embark on an enchanting walk to a nearby scenic spot, offering a stunning view of the sunset over the picturesque Rapti River. Enjoy dinner at the guesthouse.
Day 3	Tuesday
Morning	Rise early for an adventurous Rhino Survey in a jeep. Set out into the wilderness with our team to search for and observe the elusive rhinos in their natural habitat. Learn about their behaviour, conservation status, and the efforts being made to protect them.
Afternoon	Return to the guesthouse for a well-deserved lunch, followed by a data entry session. Collaborate with fellow participants to input and organise the valuable data collected during the morning's Rhino Survey. Gain insights into the process of analysing wildlife data and its significance in conservation research.
Evening	Rest, relax and enjoy dinner at the guesthouse.
Day 4	Wednesday
Morning	Gear up for an immersive farmland and wetland birds, butterfly, and herpetofauna survey. Accompanied by our project team, explore the diverse ecosystems surrounding the resort, spotting and documenting various bird species, butterflies, and herpetofauna.
Afternoon	After a morning of surveying, head back to the guesthouse for lunch before entering the data from the morning survey. After the data entry, learn how to construct a bird nest.
Evening	Rest, relax and enjoy dinner at the guesthouse.
Day 5	Thursday
Morning	Head off on a bird and mammal survey in the jungle. Accompanied by our project team, explore the this rich ecosystem, spotting and documenting various bird species and mammals.
Afternoon	Begin preparation work for the educational presentations at the schools, focussing on local and global environmental challenges.
Evening	Rest, relax and enjoy dinner at the guesthouse.



Day 6	Friday
Morning	Visit the vulture centre to conduct a survey, including noting down the number, species, nests and feeding behaviour.
Afternoon	Learn how to cook some local Nepalese food and enjoy your hard work for lunch. After you have finished lunch, continue with the presentation preparation.
Evening	Rest, relax and enjoy dinner at the guesthouse.
Day 7	Saturday
Morning	Hike to Devchuli Hill to see if we can find the rare Spiny Babbler, the only endemic bird of Nepal and supported by Birdlife International.
Afternoon	Continue the hike and enjoy a packed lunch along the way.
Evening	Immerse yourself in the local culture and embrace the vibrant traditions of the region with a lively cultural dance program. Enjoy dinner at the guesthouse.
Day 8	Sunday
Morning	Visit CG Shashwatdham Temple, a Hindu religious site devoted to lord Shiva. Learn about Hindu religion and traditions as you explore.
Afternoon	After lunch, take a cable car up to the Maula Kalika temple and enjoy the vast views of the area.
Evening	You will have dinner at a restaurant before heading back to the guesthouse.



Day 9	Monday
Morning	Continue presentation preparation ahead of the school visits the following day.
Afternoon	Embark on your final Rhino Survey in a jeep, building on the knowledge gained from previous surveys. Deepen your understanding of the region's wildlife and conservation efforts while appreciating the beauty of the natural surroundings.
Evening	Rest, relax and enjoy dinner at the guesthouse.
Day 10	Tuesday
Morning	Participate in an impactful presentation at a local school, sharing your experiences and insights about the region's wildlife and the importance of conservation. Inspire the young minds and raise awareness about the significance of preserving natural habitats.
Afternoon	After lunch, move to another school to conduct the same presentation with different students.
Evening	Unwind after a busy day and enjoy dinner at the guesthouse.
Day 11	Wednesday
Morning	Contribute to the environment by participating in a tree-planting activity. Work alongside the students and the community to plant trees, contributing to reforestation efforts and enhancing the area's biodiversity.
Afternoon	After lunch, watch a wildlife documentary on Nepal and unwind at the guesthouse.
Evening	Rest, relax and enjoy dinner at the guesthouse.

Day 12	Thursday
Morning	After breakfast, you will travel back to Kathmandu in a private vehicle. You will stop for lunch on the way.
Afternoon	Once you have arrived, check in at the hotel and take a stroll around Thamel for a bit of souvenir shopping.
Evening	Dinner will be served at the hotel.
Day 13	Friday
Morning	Start your day by immersing yourself in the cultural heritage of Kritipur as you visit the revered Golden Temple, soaking in the spiritual ambiance. Lunch will be served at a nearby restaurant.
Afternoon	Continue your exploration of Nepal's rich cultural landscape with a visit to the iconic Swayambhu Nath, also known as the Monkey Temple, where you can admire the stunning architecture and panoramic views of Kathmandu Valley.
Evening	Conclude your day with a shopping excursion in the vibrant streets of Thamel followed by dinner and cultural show at a local restaurant.
Day 14	Saturday
Morning	The group members will likely be departing at different times, therefore day 13 and 14 may not be the same for everyone. Your exact departure plan will be communicated with you directly by our local team. You will have the continued support of Projects Abroad staff right until you are safely at the airport. We wish you a safe journey home and we hope to see you again on one of our projects around the world!

Student Learning Outcomes

Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

Empowerment

Students will be empowered to think for themselves, challenging the “status-quo” and cultivating transformative decision-making mindsets.

Global Citizenship

Students will be exposed to new perspectives, engage with real-world challenges and contribute to sustainable development initiatives.

Personal Achievements



- Completed a total of 40 service hours.



There really is no place like Nepal, home to the world’s highest mountains and a spiritual way of life. In these spectacular surroundings, you’ll find hospitable local people living in harmony with nature.

A trip to Nepal will be a chance to learn from this unique and relatively isolated mountain culture.

Fun Facts

- The Nepali word for Everest translates to ‘Forehead of the Sky’
- In March 2014, Nepal had gone a year without a single endangered animal being poached
- No country has a denser collection of World Heritage sites than Nepal
- Nepal is thought to be the Buddha’s birthplace

Want to learn more?

We’d be happy to talk to you and and and answer any questions you may have. You can call or email our team, or use the ‘live chat’ feature on the Projects Abroad website.

General inquiries: nepal@projects-abroad.org

Destination Information	
National Language:	Nepali, Maithili
Population:	29 million
Currency:	Nepalese Rupee
Time Zone:	GMT +5:45
Capital:	Kathmandu
Calling Code:	+977
Dominant Religions:	Hinduism, Buddhism
National Dish:	Gundruk
National Animal:	Cow
National Bird:	Himalayan Monal

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