

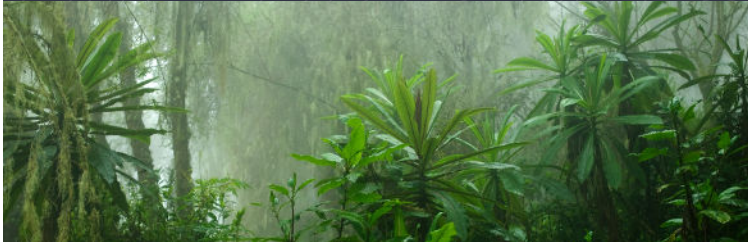
The background of the entire page is an aerial photograph of a rugged coastline. On the left, a rocky peninsula is covered in lush green vegetation. The ocean is a vibrant turquoise color, with white foam from waves crashing against the dark, jagged rocks. A small, sandy beach is visible where the water meets the shore. In the bottom left corner, there are white, stylized contour lines that resemble a topographic map, overlaid on the dark blue background.

COSTA RICA

SUMMER OVERVIEW

WEEKLY ITINERARY

WEEK 1



CLOUD FOREST

Welcome to Costa Rica! Spend your first week exploring the Monteverde Cloud Forest with your new classmates and jump into classes!

Excursion: San José market, Crandell Reserve, Santa Elena



WEEK 2



PACIFIC COAST

Off to the Pacific Coast! Spend the first half of the week in Monteverde before hiking through the Bellbird Biological Corridor.

Excursion: mangrove restoration, Sendero Pacifico hike, boat trip



WEEK 3



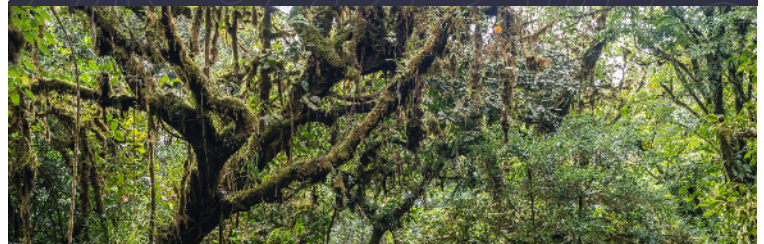
CLOUD FOREST

Head back to the Cloud Forest and meet your homestay family. They'll be so excited for your arrival! Settle and get to know them.

Excursion: coffee plantation



WEEK 4



CLOUD FOREST

Finish off the summer of a lifetime with a celebration! You've trekked Cloud Forests, traversed mangroves, and supported conservation efforts!

Excursion: celebration with the community



A WEEK IN THE LIFE

OVERVIEW

Don't just learn in the classroom — get in the field and learn by doing! Your days are typically spent with fieldwork in the mornings and class in the afternoons — subject to weather conditions!



MONDAY

Head into Crandell Reserve nestled within your 38-acre campus to learn about conservation techniques and ecosystem management. Discuss sustainable development strategies during afternoon classes. Relax in Santa Elena town before a fun night of trivia with your friends!

MORNING: FIELDWORK

AFTERNOON: CLASS

EVENING: TRIVIA NIGHT

TUESDAY

Visit organic coffee plantations to learn about our global economy in a local context. Conduct a supply chain analysis and spend the afternoon unpacking power structures within the modern world. Consider how you can apply ESG principles to your future career.

MORNING: FIELDWORK

AFTERNOON: CLASS

EVENING: FREE

WEDNESDAY

Head into the Cloud Forest Preserve to learn about wildlife monitoring and animal behavior research. Discuss ecosystem health within ecotourism initiatives in the afternoon. Spend the evening learning about Costa Rican cuisine through traditional cooking classes!

MORNING: FIELDWORK

AFTERNOON: CLASS

EVENING: COOKING CLASS

THURSDAY

Travel to the Pacific Coast to support mangrove restoration initiatives and learn about the importance of biological corridors to reduce habitat fragmentation. Meet with sustainable fishery experts before soaking in the hotel pool. Enjoy the evening in the breeze of the coast.

MORNING: FIELDWORK

AFTERNOON: CLASS

EVENING: FREE

FRIDAY

Take the day off to catch up on work, go on a local adventure, or take a long weekend to explore Costa Rica! There's so much adventure just around the corner. Go zip-lining, horseback riding, surfing and more — make the most of your study abroad experience!

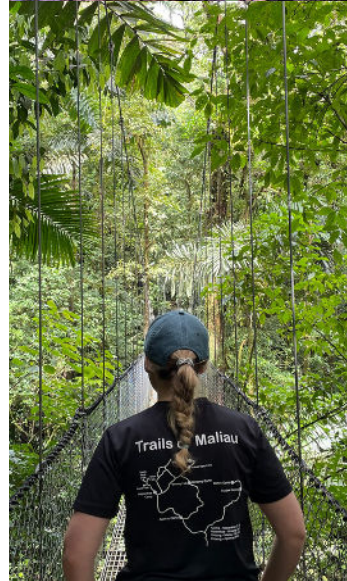
MORNING: FREE

AFTERNOON: FREE

EVENING: FREE

WEEKEND

Your weekends are free for you to explore, relax, and integrate with the local community. Stroll down to the local town, Santa Elena, for a Costa Rican coffee at one of its many cafes, play a game of soccer with local students, or walk the hanging bridges at Selvatura. Travel is part of your study abroad experience so we also encourage you to go further afield! There are 14 domestic airports dotting the country taking you wherever you want to go — from volcanoes to coastlines, it's your adventure!





PURA
VIDA!

REQUEST MORE INFO

admissions@projects-abroad.org